

CHAPTER 5. IDENTITY

(noun) the characteristics determining who or what a person or thing is.

ACTIVITY 1

Read the definition of 'identity'. Is this what it means to you?

ACTIVITY 2

A. WHAT DO YOU SEE?

Prompt: Thinking about identity, have a careful look around you.

GET INSPIRED? SOMETHING TO LISTEN TO:

How do you define yourself? by Lizzie Velasquez

B. WHAT DO YOU THINK?

Prompt: In what way is identity different to before lockdown and in what way is it the same?

GET INSPIRED? SOMETHING TO LOOK AT:

Amrita Hepi dances in the Long Room at the Immigration Museum

C. WHAT DO YOU WONDER?

Prompt: What questions do you have about identity right now and what do you wonder for the future?

GET INSPIRED? SOMETHING TO READ:

Dis Poetry by Benjamin Zephaniah

ACTIVITY 3

Using your responses, can you create either -

- A poem
- A dance
- You choose the artform!

If you're in need of some support, visit youngminds.org.uk